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To Whom It May Concern,

PATH San Diego is pleased to support Real Life Skills effort to expand their program capacity.

PATH San Diego's program initiatives are wide-ranging, in response to our population's diverse and complex needs, and include strategic outreach, case management, housing placement (permanent supportive and interim), an on-site health center, and the PATH Depot. Within our Depot, we provide classes and skills based learning groups to our residents as a way of supporting personal growth on the journey to secure permanent housing. Included in our Depot programming, is Real Life Skills. The Real Life Skills program is based on Cognitive Behavior Theory. The curriculum provides a unique series of eight lessons, incorporating quotes and motivational materials to teach participants that the power of thinking can shape personal outcomes.

Real Life Skills has been a partner in the PATH Depot for four years. In that time, 480 residents have participated and 136 residents have received certificates of completion. Attending Real Life Skills provides our residents with the opportunity to demonstrate learned skills through improved behaviors. This is not only a benefit to the client's personal growth, but can positively affect the resident in the community (i.e. character reference for homeless court, upgrading veteran discharge status, child support cases, and employment opportunities).

We are proud to serve as a reference for Real Life Skills.

Sincerely,



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